



Randolph Recreation Youth Basketball Game Rules Grades 5/6 (U12)

The Randolph Recreation Department 5th & 6th Grade Youth Basketball League Rules shall be those of the current National High School Federation Rule book, with the following exceptions:

Ball – 28.5”

Free Throw line – one step in allowed if needed

Three point line – not applicable

Basket height – 10’

(1) Length of the Game

- All games will be four, 6-minute quarters. The clock will stop for all dead balls; including free throws and time-outs.

(2) Time Outs

- Time outs will be one-minute in duration. Each team will have two-time outs per half and one time out in overtime. Time outs do not carry over in the second half or overtime.

(3) Back Court Press

- Allowed only in the last 4 minutes of the 4th quarter (unless a team is ahead by 15 points or more.)
- Players may begin defense at the bottom of the center circle.

(4) Playing Time

- All participants must play the same amount of time as all other participants. Coaches must substitute often and equally. This is not exact, but as close as possible.
- Each player must check in with the scorekeeper and remain at the score table until an official waves the player into the game or the scorekeeper buzzes them in.
- To be eligible to play, all players must be officially registered through the Montpelier Recreation Department. For liability reasons, at no time is a non-registered child allowed to participate in practices or games.

(5) Overtime

- If a game is tied at the end of regulation time, one two-minute overtime period will be played with a stopped clock. Each team will receive one time out. If the game is still tied at the end of overtime, the game will remain a tie.

(6) Protests

- Protests are not allowed. Problems must be solved before the game continues, keeping the focus on participation vs. competition. Recreation Staff will make all final decisions.

(7) Forfeits

- Should a team have less than four players, the opposing team will lend a couple of players and a scrimmage game will take place for practice and fun.

(8) Keeping Score & League Standings

- Score will be kept for each game. To stress the importance of our philosophy of learning & fun as #1 (the importance of building self-esteem, good sportsmanship, fair play, healthy exercise, and teamwork), no league standings will be kept.

(9) Spectators

- Children must be closely supervised and are not allowed under the bleachers. Recreation Department equipment must remain inside the gym at all times. (Spectators and players are not allowed to take balls outside.) No food or drink allowed in the gym except clear, plastic water bottles.

(10) League Rules

- Randolph Recreation Department/ Youth Basketball League reserve the right to make any and all final decisions concerning league rules & policies.
- There will be no shouting of derogatory comments at the referee, scorekeepers, or personnel; by coaches or players will be tolerated. Penalties of this behavior will be:
 - Teams will first be warned by the referee
 - If improper conduct continues the team will then be given a technical foul
 - If improper conduct continues the game will be forfeited and stopped
- All coaches must remain in coach's box
- Only one coach may stand at a time

High School Basketball Rules: Randolph Recreation Department will have a copy of the Rule Book for your reference.

For any questions for the Recreation Department

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